**What do I do if I witness sexual harassment/assault in the workplace?**

If you feel comfortable to, apply active bystander principles​:

* Direct action – intervene, identify behaviour and explain why it’s not acceptable​
* Distract – disrupt the behaviour by causing a distraction or removing the targeted person​
* Delegate – tell someone else​
* Delay – support the targeted person and take action after the incident​
* Document – make a record of what happened​
* Check in with the person who experienced the sexual harassment – name the behaviour and offer to support them to get support and report if they want to ​
* Signpost to Report + Support – you and the targeted person can submit a report, anonymously or with contact information.​