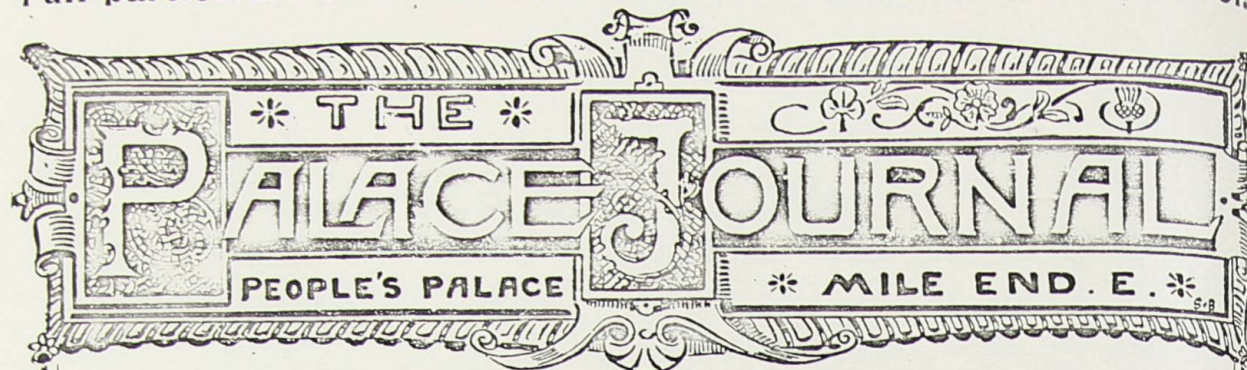


Full particulars of our Competitive Prize will be found on page 191.



Vol. VI. - No. 146.]

WEDNESDAY, AUGUST 27, 1890.

[ONE PENNY.]

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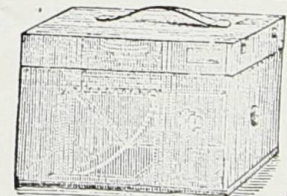
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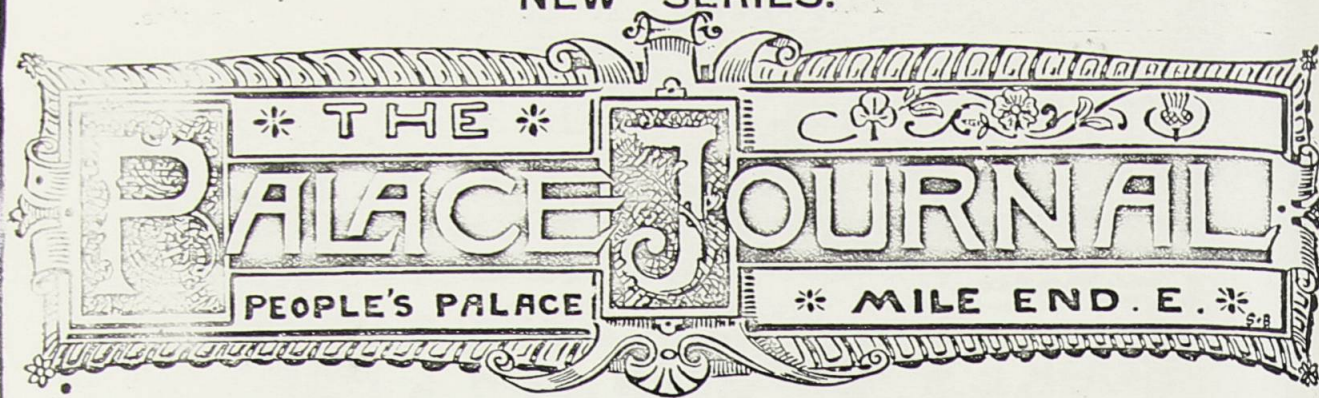
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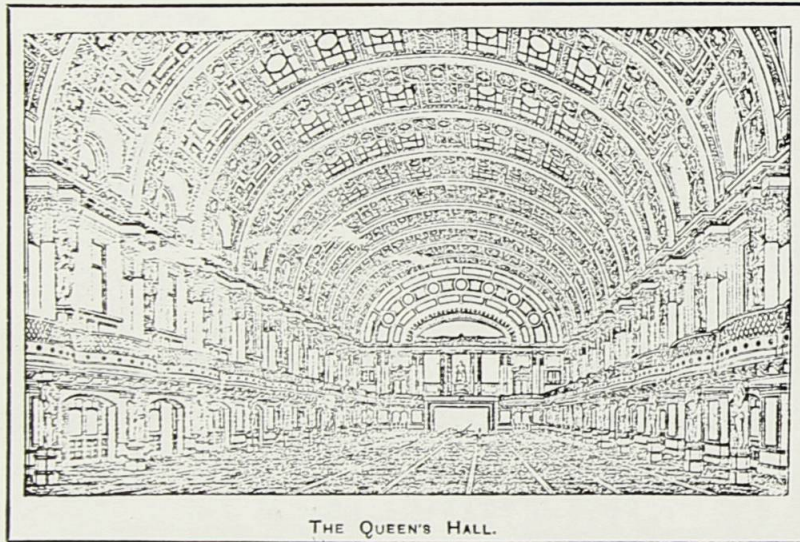
We should be glad if our readers would use their influence in getting their newsagents from whom they procure their books, to display contents bill. This is one of the best ways of helping us to raise the circulation. Should your bookseller say he cannot procure one, kindly send us a postcard with his address, and we will at once forward a supply.

The *Palace Journal* can be obtained from the following newsagents:—Hind, Mile End Road, near Bancroft Road; Sullivan, 368, Mile End Road; Mears, Mile End Road, near Canal; Lamplough, Harford Street.

All communications must be addressed to the Editor of *The Palace Journal*, and may be left at the Office in the Editor's box not later than 6 p.m. Monday.

The *Palace Journal* will be sent post free as soon as published to any address in the United Kingdom for 6/- a year, or 1/6 a quarter. Subscriptions must be prepaid. Volume V. is now ready, neatly bound in cloth, 4/6. Covers for binding, 1/6.

CONCERTS
AND
Entertainments
IN THE
QUEEN'S HALL
EVERY
MONDAY
AND
SATURDAY,
At 8 p.m.



THE QUEEN'S HALL.

COMING EVENTS.

- THURSDAY, August 28th.—Library open from 10 to 5 and from 6 to 10, free.—Newspapers may be seen from 8 a.m.—Cycling Club.—Run to "Wilfrid Lawson," Woodford.—Swimming Bath open.
- FRIDAY, August 29th.—Library open from 10 to 5 and from 6 to 10, free.—Newspapers may be seen from 8 a.m.—Choral Society.—Swimming Bath open.
- SATURDAY, August 30th.—Promenade Concert by People's Palace Military Band, in Queen's Hall, at 8.—Vocalists, Miss Otie St. Hill and Mr. John Ambrose; Accompanist, Mr. T. Cowtan Edwards, F.C.O.—Library open from 10 to 5 and from 6 to 10, free.—Newspapers may be seen from 8 a.m.—Chess Club Practice, at 7.—Lawn Tennis Club Practice, at 3.—Cycling Club.—Swimming Bath open.
- SUNDAY, August 31st.—Organ Recitals, at 12.30, 4, and 8.—Library open from 3 till 10, free.—Swimming Bath open, 6 a.m. to 10 a.m.
- MONDAY, September 1st.—Ventriloquial Entertainment at 8, in Queen's Hall, by Mr. Fredk. Russell. Admission Twopence.—Library open from 10 to 5 and from 6 to 10, free.—Newspapers may be seen from 8 a.m.—Swimming Bath open.
- TUESDAY, September 2nd.—Library open from 10 to 5 and from 6 to 10, free.—Newspapers may be seen from 8 a.m.—Choral Society.—Swimming Bath reserved for Ladies, open 6 a.m. to 10 p.m.
- WEDNESDAY, September 3rd.—Library open from 10 to 5 and from 6 to 10, free.—Newspapers may be seen from 8 a.m.—Swimming Bath open.

ORGAN
RECITALS
IN THE
QUEEN'S HALL
NEXT
SUNDAY,

At 12.30, 4 and 8 p.m.

ORGANISTS:
Mr. F. B. Higginson.
Mr. T. Cowtan Edwards,
F.C.O.
Mr. G. J. Rayner.

Admission Free.



WHAT THE CLUBS
ARE DOING.

NOTICE TO SECRETARIES.—Club announcements should be addressed to the Editor, and not to any person by name. It should be remembered that the earlier these reach us, the greater likelihood they have of being inserted entire, and every endeavour should be made to ensure their delivery at the Palace by MONDAY MORNING.

PEOPLE'S PALACE CYCLING CLUB.

The Fifteen Miles Scratch Race for the "Blue Boar" Cup will take place early in September. H. J. Howard, of the Crusaders, is the present holder.

Lamps to be lit on Thursday next at 7.54, and on Saturday at 7.50.

Jupiter Pluvius, as per usual, prevented the butterflies from visiting Woodford last Thursday.

To-morrow evening, Thursday, the Ten Miles Championship of the Club will be decided at Paddington track. The start will take place at 6.30 p.m.

The Executive Committee have been asking for a meeting to wind up the affairs of this year's Woodford Meet. Their efforts to obtain a balance-sheet, up to the present, have been of no avail.

Two new tyres, on the cushion principle, have been tried in the metropolis this week. Next season solid tyres will be looked upon as old-fashioned.

I hear on very good authority that the last Leyton Race Meeting of the Essex C.C. resulted in a loss.

Next Saturday the Spartan Harriers hold a meeting at Leyton, but up to the time of writing I have not seen their programme.

The scene of the Waltham Gunpowder Explosion was visited awhile by several Members of the Club on Friday last. Hoping to find better roads than those of Sewardstone, they returned via Honey Lane and High Beech. The road being tortuous and the night very dark, they lost their way in the forest, and after riding and walking up several roads that led to farm yards, etc., and retracing their steps, they at last came to a railway parcels cart, the driver of which set the weary and benighted travellers upon the right track. Moral—Don't try unbeknown short cuts in the dark.

The Secretary had a long day of it last Saturday. Starting at 9.30 a.m., he, in company with another Member, started for Chingford Hotel to make arrangements for September 20th. After scaling Chingford Mount, the rain came down, with the result that two poor cyclists were drenched to the skin. After interviewing the Manager of the Hotel, viewing the Queen's Pavilion, etc., dinner was indulged in. Millwall Track next claimed his attention, and the ride across Temple Mills was not much appreciated.

The arrangements on the track were very bad. The Secretary of the Millwall Athletic Club being ill, not one of the Committee had thought it his duty to put the place into ship-shape. The enclosure enclosed everybody except the right persons. Lap-scorers were missing, or had never been appointed, and members of the Press had to do their work on the ground. I trust that in the future these small items that go to make a meeting a success will be in apple-pie order.

The Mile Novice Race was won by J. Reynolds, a Member of this Club, in 3 min. 18½ sec., whilst in the Ten Miles Scratch Race, the first three places were secured by our Members in the following order:—M. Moyle, O. J. Stephens, T. Dobbin. It is also worth noticing that a Member of the Palace Club led every time on passing the tape. F. Glover placed the first three laps to his credit, followed by O. J. Stephens, who led for the following twelve laps. M. Moyle then began to forge ahead, and led for the remainder of the distance, 28 laps.

After the meeting, the Secretary (who was due at the Palace with Garden Party tickets, which he had disposed of during the afternoon) and two other Members paid a flying visit to the "Roman Urn," Cheshunt. They arrived just in time to accompany the Club on their homeward journey.

Next Saturday the run will be to Ongar. The Essex division will meet at the "Eagle," at 4.15 p.m.

The Carlton Rovers hold their Garden Party on Saturday next. Members requiring tickets can obtain them of J. H. Burley.

In consequence of the report of the August Bank Holiday tour in this Journal, Messrs. Farrant and Cutting have been going over the same ground, and write to say that they were never on such a good road.

V. Dawson seems to be shifting his pneumatic Humber along. At Grimsby he took a prize in the two miles handicap. He will compete in the championship next Thursday.

For the convenience of the Palace Rambling Club, the Secretary has forwarded tickets for the Garden Party to their Hon. Secretary, A. McKenzie.

Members should begin to look about for fit candidates to fill the various offices of the Club, and not leave it till the Annual General Meeting as hitherto.

The extract from the *Newcastle Chronicle*, quoted last week, fell on fertile ground.

The Sub-Captain would have rejoiced if he had been present at last Saturday's run home. The order was splendid from the time they left Cheshunt until home was reached.

I have heard several complaints lately of the way some Members behave at the tea table. Now, gentlemen, "manners" if you please, or I shall have to particularise.

AJAX.

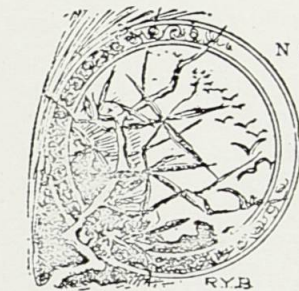
PEOPLE'S PALACE CRICKET CLUB.

"Here we are again!" as the clown says, "all alive and kicking." The summer, the sweet, glorious summer that poets love to rave about, has played it rather low down on us this year; never a glimpse of Old Sol for two consecutive hours, but one long, never-ending visit of Jupiter Pluvius. Well, well, we must take these things as we get 'em, I suppose, so we'll pass on to the subject under discussion.

Wimbledon should have been our destination last Saturday, but our Polytechnic friends could not raise a team to play us, owing to the holidays, therefore the match was cancelled, much to the regret of our Members, who anticipated a pleasant outing.

Next Saturday our opponents will be the Aspley C.C.; the match will be played at Victoria Park, commencing at 3.30. Following will represent the Palace:—R. Hones, L. Goldberg, F. A. Hunter, J. Williamson, J. Phillips, C. A. Bowman, A. Wainman, W. Everson, T. G. Carter, G. A. Sheppard, W. Goodwin (Captain). T. G. CARTER, Hon. Sec.

PEOPLE'S PALACE RAMBLING CLUB.



On Saturday last a party of six met at Cannon Street Station, S.E. Railway, at 3.15 p.m., to go to Wimbledon. It was our intention after having a short ramble to join the cricketers at the "Bay Tree," but unfortunately for the Palace C.C., the match was scratched. However, this did not interfere with our enjoyment, but rather enabled us to take a longer and perhaps more enjoyable ramble. Leaving Wimbledon Station by the No. 1 platform, we walked by the side of the line to Raynes Park where we joined the Kingston Road, at the top of which is Coombe Wood; passing through the woods to Kingston Vale we saw Coombe Warren, the residence of — Currie, the banker. We had tea at Mrs. Parker's, Kingston, and returning on the Putney Road to Wimbledon Common, we had a splendid walk and enjoyed ourselves very much.

Saturday, August 30th, Boating Ramble. We hope to start punctually at 2.30 p.m., from Radley's Boat-house, Lea Bridge. The nearest railway station is Homerton. Ladies are recommended to bring their wraps. Those who cannot start at the appointed time can join the party at Tottenham Lock by the 2.42 train from Liverpool Street. Committee Meeting, Friday, September 5th, 8.30 p.m.

Saturday, September 6th. Spottiswoode Institute Excursion to Carshalton-on-the-Hill. Tickets (including railway fare and tea) 2s. 3d.; ladies 1s. 9d., can be had on application.

A. MCKENZIE, } Hon. Secs.
W. POCKETT, }

SCIENCE AND ART EXAMINATIONS, 1890.

We are pleased to announce that Mr. G. E. Draycott, Assistant Engineering Instructor in the People's Palace Technical Schools, has been awarded a Whitworth Exhibition Scholarship, value £50, and tenable for one year.

J. VON BOHR, one of our "old boys," will be leaving us next month, having received an appointment as agricultural chemist on a gentleman's estate.

In the recent matriculation list we note that Mr. S. E. R. Wild, one of our students, has passed.

JUNIOR SECTION.

PEOPLE'S PALACE JUNIORS CRICKET CLUB.

On Saturday last the Juniors met the Laurel at Victoria Park to play the return match. Our Captain, winning the toss, decided to put them in first, Jorley and Kilbey contributing 55 and 21 respectively out of 107 scored. The Juniors then started batting, all being out for 38 runs, of which Munns and Clarke scored 16 runs between them. Having under half our opponents' score, we had to go in again, this time coming out for 39 runs, making a total of 77, being beaten by an innings and 30 runs. The following are the scores:—

Table with 2 columns: Player Name and Score. Includes names like Smith c and b Munns, Nichols b Evans, etc.

PEOPLE'S PALACE JUNIORS.

Table with 2 columns: First Innings and Second Innings. Lists various players and their scores for both innings.

PEOPLE'S PALACE JUNIOR RAMBLING CLUB.

On Saturday last we rambled to Greenwich. Meeting outside the Palace at 3 o'clock, we proceeded to Limehouse Pier, and took the boat to Greenwich, where we arrived at 4 o'clock. We then proceeded to the museum, visiting the Painted Hall, which is renowned for its beautifully painted ceiling, which is the finest in the world; it also contains some splendid sea pictures, representing the different naval encounters, and the picture representing Nelson's immortality; it also contains the coat, waistcoat, and sword which he wore on the day he was shot. We then proceeded to the chapel and museum, the relics of the "Victory" attracting special attention, as also did the model of the battle of Trafalgar, in which all the ships that took part in the battle are represented in the respective positions that they had in the battle. Leaving the museum, and having refreshed ourselves with a good tea, we walked across the park and heath to Lewisham, returning in time to catch the 8 o'clock boat. The ramble on Saturday is to Loughton; meet outside the Palace at 3 o'clock.

J. S. BURCHILL, Hon. Sec.

An Irishman being asked by an American lady to whom he applied for the post of coachman, "Are you an Englishman?" replied, "No, mum, I was born in Oirland; but I've lived so long in Ameriky that I suppose I do seem quite English!"

Too PROMPT—Pay as you go is an excellent rule, but in certain peculiar cases it must not be acted upon too strictly.

A physician was once ferried across a swollen river by a man who for some reason declined to receive any compensation for the service.

"Oh, let it go, doctor," he said, as the physician urged the money upon him; "let it go. I shall want you to do as much for me some time. Like as not I shall want a tooth pulled."

"Sit right down and have it out," said the precise old doctor. "I don't want any such bills outstanding."



CORRESPONDENCE INVITED.

A PEOPLE'S PALACE PARLIAMENT.

To the Editor,

DEAR SIR,—Now that the holiday season is coming to a close, and the dark days will soon be here, it occurred to me that among the large number of Students of the Palace classes there should be formed a Local Parliament or Debating Society. Several clubs and institutions now have such a society in connection with their other meetings, and there seems to me to be ample scope for a similar society in our midst. If you will kindly find space for this, in the next number of the Palace Journal, it may open up the question, and set the thing in motion.

Yours truly, A.R.

[We have pleasure in publishing the above letter, and hope that the views of our correspondent will be followed up by any of our friends who are of the same opinion.—Ed. P.J.]

CLASS NOTES.

VIOLIN CLASSES.

Mr. W. R. Cave's prize (violin bow) for the advanced class will be competed for on Monday, September 1st.

PEOPLE'S PALACE ORCHESTRAL SOCIETY.

Conductor—MR. W. R. CAVE.

The Members will not meet on Fridays as announced last week. The rehearsals will be held on Tuesdays only for a short time. We are rehearsing Mendelssohn's "Hymn of Praise." We have vacancies for violas, cellos, and basses; also oboes, bassoons, clarionets, and brass.

WM. STOCK, Hon. Sec.

CHIPS.

WE note by a Yarmouth paper before us, that during his holiday at that popular resort, Mr. John Ford, the Hon. Sec. of our Tennis Club, organised and carried out successfully two concerts, whereby the sum of £17 was collected and handed over to the local charities. We are pleased to find that our Members in the midst of their pleasures do not forget the principle which underlies our Institution of endeavouring to make the lives of our weaker brethren brighter and happier.

THE concert held on Monday last was one of the most successful recently held. Both Miss C. Dowle and Miss Layton had a splendid reception, and repeated encores were demanded for their songs. Mr. Campbell Clark also displayed great power in his Humorous Recitals.

THE Day Schools re-open on September 1st. Programmes will be ready on Friday and will appear in the Journal next week.

THE LADIES' COLUMN.



LAST week we remarked on the increase of the habit of smoking amongst women. We are now able to state that several fair devotees are to be found in the highest ranks of life.

For instance, the Empress of Austria smokes continually, even indulging in Italian cigars. The Czarina of Russia also favours the cigarette, and Queen Marguerite of Italy is another disciple of King Nicotine, as well as Queen Christina of Spain, and the Ex-Queen Natalie of Servia.

Women's clubs of all degrees seem to be in course of formation everywhere. We hear that one is about to be started near Pall Mall. As a rule, women's clubs are failures, but there are two in a fairly flourishing condition, and these are the Somerville Club in Oxford Street, and the University Club in Bond Street, which last is only for ladies who hold degrees. The East London Women's Club was opened on Saturday, 16th, and bids fair to be successful.

Talking of women's clubs brings us to Women's Unions; those already started seem to have "caught on" from all accounts, and we are told that conspicuous among the processionists on Sunday, August 24th, was to be seen the banner of the Match Boxmakers' Union, borne aloft by some of the members. Let us hope that combination amongst women may become more and more popular as time goes on; hitherto it has been, for various reasons, an impossibility.

We hear of ladies acting in many capacities nowadays, but it strikes us as strange that a woman should pose as a mayor, specially as the lady in question is a Russian, living under Russian rule. Nevertheless the town of Kniazeff rejoices in a lady-mayor.

A lady in the United States, after passing a brilliant examination, has been admitted to the Bar. In England there are two ladies qualified as solicitors, but we have not got so far yet as our American brethren.

There is to be a women's congress at the world's fair in Chicago.

What will become of all the qualified lady-doctors? We learn that 200 Hindoo women are studying medicine in India, not to mention their English sisters, many of whom are studying with a view to practising in India.

There is an opening for lady-coiffeurs, many of whom are being employed in Bond Street, and some may be found in Chancery Lane.

The People's Palace is soon to have a rival in New York. Mr. W. H. Vanderbilt intends to build one much after the same plan, and it is to cost £50,000, and to be devoted to the use and recreation of poor New Yorkers.

From the Woman's Gazette we learn that a lady has started a new industry for women. She employs thousands of women and girls in gathering nettles, for sale in the London markets. Few of our readers will know that young nettles boiled in slightly salted water, with a little butter and pepper added, make a most delicious vegetable, very much like spinach in flavour.

A young girl in Richmond, Indiana asked to be employed as a post-girl, but the postmaster there, decided that women were not eligible as letter carriers. Nevertheless in Georgia a young girl under twenty drives the mails over a forty mile route.

A New York pugilist advocates boxing for women, saying it adds repose and dignity to the figure and gives a good carriage. He has many lady pupils, of whom he seems to be proud. All the same this is not the kind of sport we should care to see women indulge in over here.

Ladies in the country are adopting the cross-saddle, which is infinitely safer than the acknowledged side saddle, so much so that most small children are being taught to ride in this fashion, as it gives a sense of security and confidence not to be obtained on a side-saddle.

A new instrument has been invented for beautifying the ears and rectifying any flaw that may be found in their formation. There is no end to these beautifying machines; but we advise our readers to leave nature alone.

The Japanese ladies are anxious to start a college, and for this purpose are soliciting help from their English friends.

The Daily Telegraph has at last justified the expectations of its readers, and has launched out into a lengthy correspondence on matrimonial agencies, which from all accounts it would be well to avoid, and also gives us in the form of most amusing letters, the opinions of the million on the pros and cons of suburban and country life.

HOUSEKEEPING.—Good beef may always be known by its firmness and deep-red colour, streaked with veins of fat. When purchased it should be kept in a cool place, and protected from the omnipotent fly.

Butter should never be kept in a cupboard with other food, as it is easily tainted. A cool slab is best, or failing this a dish with a little water in the bottom. Never dish for table use until necessary, as oily butter is most disagreeable to see and to use. If very hot weather stand in cold water.

Fresh fish may be known by the eyes; if dull and sunken the fish is not fresh, and should be avoided. Fresh fish should have rigid bodies and bright prominent eyes.

Eggs may be tested by one of the contrivances invented for that purpose, or by the simple method of holding up to the light. If the egg is clear it is fresh, if not it is unfit for use. Never attempt to make custards with any but new laid eggs.

RESULT OF THE SCHOLARSHIP EXAMINATION.

Held on Wednesday, August 13th, 1890.

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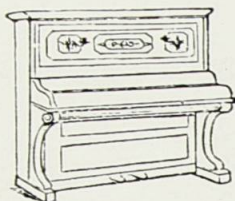
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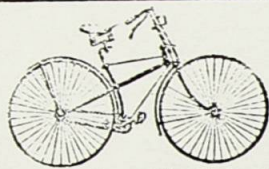
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 Magnificent Instruments at Manufacturers' Prices for Cash, or by Easy Terms.
 City Warehouse: 6, NEW BROAD ST., E.C.
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W. J. KING
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Any make of Machine supplied
 at a large discount for Cash, or on easy payment system. Repairs
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 Second-hand Machines Bought, Sold, or Exchanged.
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Watches, Clocks
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The Largest and Best Assortment
 in the East of London, at
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DIAMONDS
 And other Precious Stones
 MOUNTED or RE-SET
 In 9, 15, or 18-carat Gold,
 IN ANY STYLE.

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Wedding Cakes, Luncheon and
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Loss of Teeth is Loss of Health.
 TEETH FITTED WITHOUT PAIN.

Teeth, 2s. 6d.
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 Ordinary Extractions, 1s.; Painless
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GIVEN AWAY!
 Your Rubber Stamp.

NAME IN FULL or MONOGRAM,
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 MARKING INK WORKS,
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 don, N. EBONITE INK;
 NO HEATING; each
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 6 or 12 stamps. Nickel
 Pencil Case, with Pen,
 Pencil and your Rubber Name in Full,
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Established 25 Years.
H. CLOGG,
 175 & 177,
HAMBURY ST.,
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Cock & Deformity Boot Maker to the London, German and other Hospitals.

We are also the Makers of the SPRING WAISTED BOOTS, medically advised
 for the Remedy of Flat Feet, produced by many hours standing & general weakness.

Notice! HARRY ERSKINE, the Great Hatter.
 NOW OPEN the New Blue-Hat Warehouse,
131, WHITECHAPEL ROAD, Opposite
 London Hospital.

PROGRAMME
 OF
EVENING CONCERT,

TO BE GIVEN ON
Saturday, August 30th, 1890,
 AT EIGHT O'CLOCK.

Musical Director to the People's Palace, MR. ORTON BRADLEY, M.A.

PEOPLE'S PALACE MILITARY BAND,

Conductor, Mr. A. ROBINSON (late Prince of Wales' 3rd Dragoon Guards).

VOCALISTS:

MISS OTIE ST. HILL AND MR. JOHN AMBROSE.

PART I.

- MARCH ... "To the Rescue" ... Vandervill.
- OVERTURE "La Ruche D'Ore" ... Brepsant.
- SONG ... "Out on the Deep" ... Lohr.

MR. JOHN AMBROSE.

Out on the deep, when the sun is low,
 And the sea with splendour burns,
 With his scaly spoil, from his evening toil,
 The fisher homeward turns.
 And his oars flash bright in the ocean light,
 And he knows that eyes on shore,
 Look out on the deep, for his bright oars' sweep,
 And he sings, as he swings his oar.

"A long sweep, lads, and a strong sweep, boys,
 And a song as along we go, for the hearts that yearn,
 For our home return, when the evening sun is low."

Out on the deep, when the sun is dead,
 And the first sweet star doth gleam,
 Of a day that is dead, and a love that is fled,
 The fisher oft will dream.
 And he thinks, though far, like that first bright star,
 She is still beside as of yore,
 And his oars gleam bright, in its sweet pale light,
 And he sighs as he plies his oar.

"A long sweep, lads, and a strong sweep, boys,
 And a song as along we go, for the hearts that yearn,
 For our home return, when the evening sun is low."

- GALLOP ... "Post Horn" ... Koenig.
 (Post Horn Obligato, Mr. ROBINSON, Bandmaster).

- SONG ... "Love's Old Sweet Song" ... Molloy.
 (Cornet Solo, Mr. ROGERS.)

- VOCAL WALTZ "Je Veux Vivre" (Roméo et Juliette)
 Miss OTIE ST. HILL. Gowned.

Je veux vivre, dans ce rêve,
 Qui m'enivre longtemps encore,
 Douce flamme, je te garde
 Dans mon âme, comme un trésor!
 Cette ivresse, de jeunesse
 Ne dure, hélas, qu'un jour
 Puis vient l'heure, ou l'on pleure,
 Le cœur cède à l'amour,
 Et le bonheur, fuit sans retour, ah!
 Je veux vivre, dans ce rêve,
 Qui m'enivre, longtemps encore,
 Douce flamme, je te garde,
 Dans mon âme, comme un trésor!
 Loin de l'Hiver morose
 Laisse moi, laisse moi sommeiller,
 Et respirer la rose, respirer la rose,
 Avant de l'effeuiller! ah—
 Je veux vivre, dans ce rêve,
 Qui m'enivre longtemps encore,
 Douce flamme, je te garde
 Dans mon âme, comme un trésor!

7. LANCERS ... "Pelican" ... Solomon.

8. SONG ... "Trusty as Steel" ... Pinsuti.

MR. JOHN AMBROSE.

O, who are so true as the boys of the blue,
When the foemen stand before them;
Each sword is a shield as they ride to the field,
With their royal banner o'er them.
Sons of the sires, who fought till they died,
First born of those, who were England's pride,
Lion hearted, and loyal, and trusty, and true,
The flower of the field are the boys of the blue.

Ready and right, they merrily shout,
Steady and bright their sabres flash out.
Their hearts are as brave as their swords are true,
Trusty as steel are the boys of the blue.

O, who are as true as the boys of the blue,
When Cupid smiles above them;
And with love in their eyes, 'neath the summer skies,
They live for the maidens who love them.
Their swords are bound with the olive and bay,
They triumph in love as they win in the fray,
In love or in war they are dauntless and true,
The kings of the camp are the boys of the blue.

Ready and right, they merrily shout,
Steady and bright their sabres flash out,
Their hearts are as brave as their swords are true,
Trusty as steel are the boys of the blue.

PART II.

9. MARCH ... "Picadores" ... Asch.

10. VALSE ... "Gondoliers" ... Sir A. Sullivan.

11. SCOTCH BALLAD "Comin' thro' the Rye" ... Bishop.

MISS OTIE ST. HILL.

Gin a body meet a body,
Comin' thro' the rye,
Gin a body kiss a body,
Need a body cry?
Ilka lassie has a laddie,
Ne'er a ane hae I,
But a' the lads they loe me weel,
And what the wur am I?

Gin a body meet a body,
Comin' frae the well,
Gin a body kiss a body,
Need a body tell?
Ilka lassie has a laddie,
Ne'er a ane hae I,
But a' the lads they loe me weel,
And what the wur am I?

Gin a body meet a body,
Comin' frae the toon,
Gin a body kiss a body,
Need a body froon?
Ilka lassie has a laddie,
Ne'er a ane hae I,
But a' the lads they loe me weel,
And what the wur am I?

12. FANTASIA ... "England" ... Godfrey.

13. SONG ... "The Skipper" ... Jude.

MR. JOHN AMBROSE.

A skipper am I, no danger can
My ardent spirit daunt,
When o'er the deep blue sea I roam,
No fears my conscience haunt.
Though storms arise,
And rend the skies,
What matters it to me,
My life is as free as the wind that blows,
For my home is on the sea,
Yeo ho! yeo ho!

Then give me a right good craft and crew,
And I'll, yes, I'll contented be,
For there's no home in the wide, wide world,
Like a life on the rolling sea.

But though I love to roam the sea,
My heart, my heart with joy will beat,
When from the deck I see the shore,
Where Poll and I will meet.
She's just the lass for a sailor's wife,
As true, as true can be,
And come what may,
She'll ne'er betray,
Her skipper on the sea.
Then give me a right, etc.

14. LANCERS ... "Her Majesty" ... Solomon.

15. SONG (Spanish Ballad) "No, Sir" ... A. M. Wakefield

MISS OTIE ST. HILL.

Tell me one thing, tell me truly,
Tell me why you scorn me so?
Tell me why, when asked a question,
You will always answer, No?
No, sir! No!

My father was a Spanish merchant,
And before he went to sea
He told me to be sure and answer No!
To all you said to me.
No, sir! No!

If, when walking in the garden,
I should ask you to be mine,
And should tell you that I love you,
Would you then my heart decline?
No, sir! No!

16. MARCH ... "Boulanger" ... Desormes.

Monday, September 1st, 1890, VENTRILOQUIAL ENTERTAINMENT by
MR. FREDERICK RUSSELL. VOCALISTS, MISS AMY LESLIE & MR. VERNON YOUNG.

Popular Entertainments.

Under the Direction of MR. ORTON BRADLEY and MR. C. E. OSBORN.

PROGRAMME

OF

MR. FREDERICK RUSSELL'S
Ventriloquial and Mimetic Entertainment,

TO BE GIVEN ON

MONDAY, September 1st, 1890, at Eight o'clock.

INTERSPERSED WITH SONGS BY

MISS AMY LESLIE AND MR. VERNON YOUNG.

PART I.

Pianoforte Solo ... "Grande Valse" ... MISS E. DINGLE.
Song ... "The Storm Fiend" ... MR. VERNON YOUNG.
Song ... "Selected" ... MISS AMY LESLIE.

Mr. FREDERICK RUSSELL will appear in his Original Monologue,

CLARA'S BABIES: OR, SUBURBAN SOLITUDE.

In which he will converse with invisible persons, hold amusing dialogues with lay figures, and introduce marvellous ventriloquial and polyphonic surprises.

Song ... "The Skipper" ... MR. VERNON YOUNG.

INTERVAL.

PART II.

Pianoforte Solo ... MISS E. DINGLE.
Song ... "Selected" ... MISS AMY LESLIE.

IRISH SKETCH ... MR. FREDERICK RUSSELL.

Song ... "The Gallants of England" ... MR. VERNON YOUNG.

Mr. FREDERICK RUSSELL will appear with his Automatic

MERRY FAMILY OF LIFE-SIZE FIGURES,

INCLUDING

THE ORIGINAL ALLY SLOPER, F.O.M., &c. (with Song, "The Old Wooden Rocker.")

MRS. ALLY SLOPER.

SCHNEIDER VON BUNK (with Tyrolean Song, "Schneider, how you vas?"), and

LITTLE TOOTSIE.

GOD SAVE THE QUEEN.

MESSRS.
C. C. & T. MOORE
Respectfully announce the dates
of their established
Periodical Sales
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AND HOUSE PROPERTY.

(Held for 55 years), which are appointed
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and 4th Thursdays of the
Month, as follows:

Feb. .. 27	Aug. .. 14.
Mar. .. 13. 27	Sept. .. 11. 25
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Special attention given to Rent Col-
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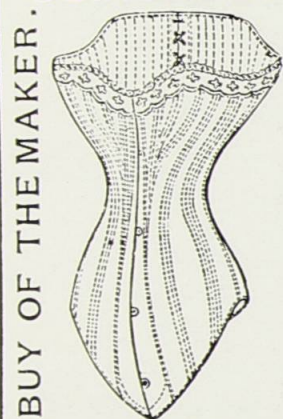
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MANUFACTURING
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ETC., ETC.

480, Bethnal Green Road, E.

Repairs, Plating & Gilding
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ESTABLISHED 1862.
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C. J. RUSSELL,
512, Mile End Rd.,
No 164a, ROMAN ROAD.

DORSET HOUSE. Est. 1850.

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244, MILE END ROAD,
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FRESH BUTTERS.

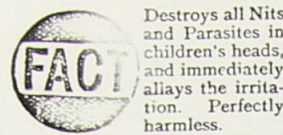
The Best Pres	1/4
The Best Britanny	1/2
Paris Fresh	1/0
(Usually sold as Britanny.)	
SALT BUTTERS.	
The Very Best Dorset	1/2
Good Mild or Salt	1/0
An excellent Butter	1/0
Pure Irish	0/10

N.B.—All our Butters are warranted
absolutely pure.

MILE END AUCTION MART
330 & 332, MILE END ROAD.

Messrs. W. UPTON & CO.
Sell by Auction every Tuesday & Friday, at 7 p.m., a quantity
of HOUSEHOLD FURNITURE and EFFECTS.
Freehold and Leasehold Houses and Land sold by auction and privately.
RENTS COLLECTED.

**ROGERS' "NURSERY"
HAIR LOTION**



Destroys all Nits
and Parasites in
children's heads,
and immediately
allays the irrita-
tion. Perfectly
harmless.

Prepared only by **W. ROGERS,**
Chemist, Ben Jonson Road,
Stepney, E. Bottles 7d. and 1s.
Of all Chemists and Perfumers.
Special Bottles, post free from obser-
vation, 1s Stamps.

GROVER'S (J. V. ROCKLEY, Proprietor,
150, The Grove, } Connected by } 26, Woodgrange Rd.,
STRATFORD, } Telephone } FOREST GATE.

PIANOS ON EASY TERMS.

No Deposit or Security required, and no charge for Carriage or
First Year's Tuning.

**"CREAM OF
MAGNOLIA."**

**MATCHLESS for the COMPLEXION,
AND FOR USE AFTER SHAVING.**

A marvellous and unique preparation for
SOFTENING, TONING, AND BEAUTIFYING THE SKIN.

INVALUABLE FOR REMOVING
SPOTS, SUNBURNS, BLOTCHES, AND ALL IMPERFECTIONS.

Imparts a Velvety Softness and Bloom.
Renders it Beautiful to the Eye and Deliciously
Soft. Can be used with the most perfect
Safety to any Child.

In Bottles Post Free 2s. 6d., 4s., 7s., and 10s. 6d., or
Sample Bottles, Post Free, 1s. 3d., direct from the Pro-
prietor.

JOHN STEEDMAN,
154, QUEEN'S ROAD, BAYSWATER,
LONDON, W.

And of all Chemists, Perfumers and Stores throughout the world.
ESTABLISHED 1836.

Ladies once using this Preparation will never be
without it.

The Best and Cheapest Works in the East-End for all
kinds of repairs is at the



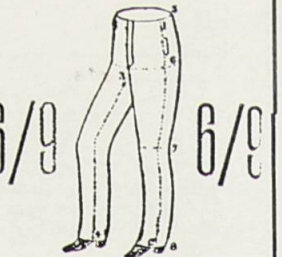
NORTH BOW CYCLE WORKS,
ORDELL ROAD,
TREDGAR ROAD, BOW, E.
(Opposite St. Stephen's Church.)
MAKER OF THE 'TREDGAR SAFETY,'
Price £7 to £15. Easy Terms.
A large stock of Accessories, also Machines
for Hire. All work guaranteed and done on
the premises by experienced mechanics.

PLEASE NOTE THE ADDRESS—ORDELL ROAD, three minutes' walk from
Bow Station. Proprietor, J. W. SMITH.

THE
**SCOTTISH
Sanitary Laundry,**
131,
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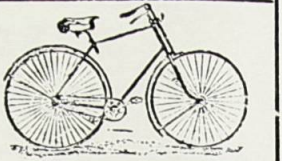
Specialité
Shirt and Collar Dressing.

TROUSERS
Made to Measure.



Usual Retail Price, 10/6

F. HANSING,
179 & 181, Cable Street
49, Green St. Bethnal Green
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**LAMONT
CYCLE WORKS.**
Beachcroft Road,
LEYTONSTONE, E.

FIRST-CLASS REPAIRER
by appointment to the C.T.C.

Agent for all Leading Manufacturers.

High-Class Machines
ON HIRE AND SALE.
Those about to purchase a
machine should inspect the
newly designed "Lamont"
Cycles before deciding.

E. SLATER & Co
HIGH-CLASS READY-
MADE AND BESPOKE
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WEST-END STYLE
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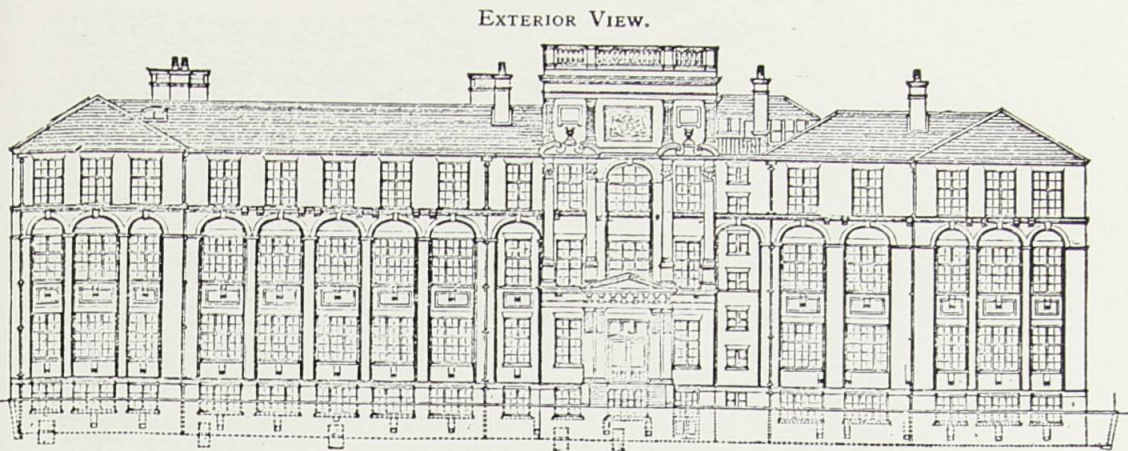
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Large Selection of Latest
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TEETH !!
A Complete Set, ONE GUINEA.
A Single Tooth, 2/6.
Burdett Road Dental Surgery,
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THE PEOPLE'S PALACE DRAPERS' COMPANY'S TECHNICAL SCHOOLS.



EXTERIOR VIEW.

EAST ELEVATION.

The above School will RE-OPEN on MONDAY, 1st SEPTEMBER NEXT.

Boys eligible to join must:—1st.—Be not less than 12 years of age. 2nd.—Have passed at least the Fifth
Standard, or an examination equivalent to same. 3rd.—Be sons of parents whose income is under £200 per
annum.*

THE SCHOOL IS ONE OF THE MOST COMPLETE IN THE KINGDOM.
Chemical and Physical Laboratories, Metal and Wood Working Shops, Etc., and a Spacious
Gymnasium are attached to the School.

FEES:—1/- per week, or 10/- per School Term. These fees include:—Tuition, Drawing Paper, Exercise
Books, Note Books, and the use of all Text Books, Drawing Boards, T Squares, Workshop Tools, Chemical and
Physical Apparatus and Chemicals required.

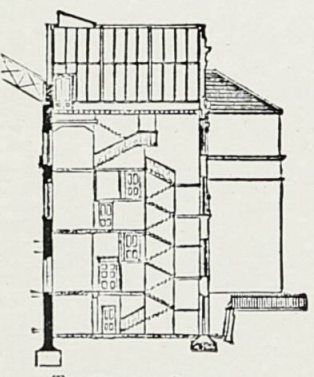
The School Terms for the Session 1890-91 are as follows:—1st Term.—September 1st to November 7th.
2nd Term.—November 10th to January 30th. 3rd Term.—February 2nd to April 24th. 4th Term.—April 27th
to July 17th.

Forms of application may now be obtained from the Secretary, People's Palace Drapers' Company's
Technical Schools, Mile End Road, E.

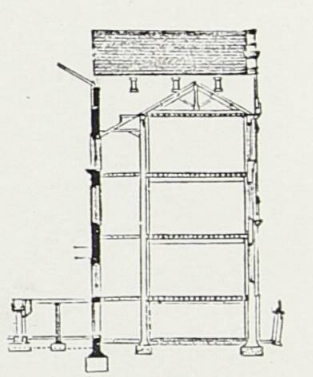
*A limited number of boys will be admitted whose parents' income exceeds £200 per annum; the fees being £8 8s. per annum
payable in advance.

THE PEOPLE'S PALACE DRAPERS' COMPANY'S TECHNICAL SCHOOLS.

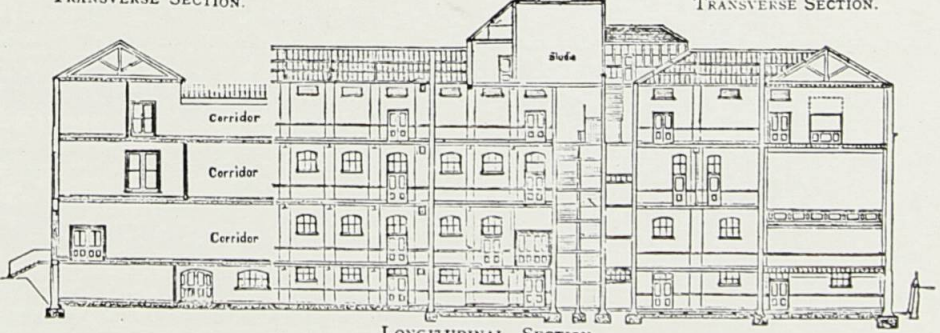
INTERIOR VIEW.



TRANSVERSE SECTION.



TRANSVERSE SECTION.



LONGITUDINAL SECTION.

PHYSICAL EDUCATION.



TO-DAY when the quest and query of life is only "money, and how to get it," too little attention is apt to be paid to that important factor in the enjoyment of money when obtained—Health. Another tendency of the time is a love for external show. There is too often a mere desire to appear accomplished, and a disposition to be satisfied with a surface polish. This rather mean tendency has, in common with other people, shown itself among a number of so-called Physical Educationalists, with the unfortunate result that in place of the promotion of the health and physical development of our young manhood, they aim at nothing higher than the ignorant applause of uninitiated spectators. Look for a moment at the public exhibitions of physical accomplishments as displayed by some of our leading gymnasia, and you will see a mere arrangement of movements and figures requiring little, if any, physical exertion; a series of movements in which practical utility has been sacrificed to external show—in fact, something very like an elementary ballet. Nobody conscientiously maintains that these feeble movements are taught to strong young Englishmen to promote high physical development; the object is just to make a good display, and gain applause from an innocent public. Physical education instead of remaining an interesting, recreative art, built upon its proper science, is, in many quarters, in danger of becoming a show. By all means let us have "mass exercises," but let us insist that those exercises shall require sufficient exertion on the part of a normally healthy person to insure his or her further bodily development; it should not be sufficient for a class to be able to move their fingers, hands or arms in unison and perfect time. This of itself will not build up the muscles, and too many, unfortunately, of the exercises in the much-talked of Swedish system are of this futile type. There is another great drawback to the popularity of the Swedish system, it is not sufficiently interesting; there is no food for mental stimulus in the whole system, inasmuch as each exercise has its separate word of command, consequently there is no grouping together of exercises, no interesting or effective combinations, and it is therefore unnecessary on the part of the pupil to commit anything to memory, or indeed to keep the mind at work at all. With regard to

musical drill, although not so uniform in its application, and therefore perhaps less beneficial to the entire system than even the Swedish code, it has one great advantage over the latter, the accompaniment of music; this means of course that it is interesting. One need go no further than the nearest group of children round a barrel organ to observe the enlivening effect of anything like music on their play, and I have had opportunities of seeing its effect on grown men in the regiment in which I had the honour to serve in the Soudan Campaign. After an incursion into the enemy's country, under a terrible, burning sun for over twelve hours, thirsty, scorched, dusty and miserable, with drooping heads and lagging feet, the drums and fifes would strike up a lively march, and at once heads that had drooped were erect, and feet that had dragged along the ground were stepping smartly to time. It is an undeniable fact that music incites to exertion, hence the advantages of musical over non-musical exercises. But "mass exercises," whether with or without music, must simply be looked upon as a means to an end; they are valuable for ladies and children, and also as a means of inculcating discipline in large classes of men; they are splendid mediums for obtaining an uniformity of movement and carriage, and by their means the body may be rendered supple, strengthened and prepared for what must ever be the *sine qua non* of proper physical education—gymnastics—for no amount of mass exercises of any description whatsoever can produce and develop the muscles of arms and trunk to the extent that a judiciously arranged course of gymnastics on apparatus can. There is also to be found in gymnastics just that spice of danger and of competition that appeals so strongly to young England; it engenders a spirit of friendly rivalry, and herein supplies what is so utterly lacking in all mass exercises. But here again there is the danger of meeting the despicable "show" sentiment. Of fifty exercises one sees performed at some displays, twenty-five could, in most cases, be dispensed with, inasmuch as they require but a minimum of strength with a maximum of danger in the performance. It is with such exercises merely a matter of a quick eye; nicety of judgment and time. Their value as a means of physical improvement is practically nil, and certainly in appearance they are more characteristic of the antics of a monkey than of the scientifically arranged exercises of a gymnast. Let us then discourage all attempts at merely spectacular exercises, and confine ourselves to those which will strengthen our bodies, develop our muscles, and render us physically more competent to fight life's battle. H. H. B.

OUR HOLIDAY COMPETITION.

Open to any Member of the People's Palace under 20 years of age.

PRIZE ANNOUNCEMENT.

In order to stimulate the Members to greater effort, and to increase the interest in the *Palace Journal*, we have decided to offer a

PRIZE OF ONE GUINEA
FOR WHAT IS DECIDED TO BE THE
BEST DESCRIPTION OF YOUR HOLIDAY, 1890.

This subject is chosen as being one suitable to persons of either sex.

CONDITIONS.

The description may contain any number of words up to 2,000, and must be written on one side of the paper only.

Saturday, September 20th, is the last day for receiving competitions, which are considered to be the property of the Editor.

The successful description will be published in the *Journal* at a future date.

Envelopes must be addressed to the Editor and be marked "Holiday Competition," Editor of *Palace Journal*, People's Palace.

The successful Competitor must give satisfactory proof of age, and that the essay is his or her own unaided production.

Should there be a sufficient number of Competitors a further Prize of Half-a-Guinea will be awarded to the next best.

SHORTHAND.



TO-DAY it has become almost imperative that those who wish to succeed in the ranks of the great army of clerks, secretaries, and business-folk of all descriptions, should add to their equipment a knowledge of shorthand; and, to rest content with the knowledge alone, however perfect, is of little use unless constant and patient practice has given command of a considerable speed. One cannot take up the advertisement sheet of any daily paper without seeing the truth of this, for when shorthand is not insisted on as a qualification, it is usually stated that it will be a recommendation, and, when the fact is mentioned as something exceptional, there is no help for it, it must be learned; and let us hope that the student does not, as a rule, share the melancholy experience of Charles Dickens, who says after two years he could write it well, but could not read it when written.

Among the great modern systems is that of Pitman, which practically rules the field in England, not because other systems are not equally good, but because there is so great an advance on all its forerunners, that most people who need shorthand have learnt it, and it is found well that uniformity should prevail as far as possible. Others systems are Taylor's, the Sloan Duployan, the Script, and the Light-line; and there are doubtless others, with the names of which I am unacquainted.

It is not the object of this article to give an opinion as to the comparative merits of these systems, but rather to awaken a wider interest in the "art," as its votaries delight to call it.

The chief foreign systems are those of Gabelsberger and of Stolze, adapted for use with the German language. I do not know the name of any in use in French, but there exist good systems in Italian, which no doubt could be adapted to Spanish, unless some recent method has been evolved for use with that most important commercial tongue.

Shorthands are either geometric or flowing in character—the former, Pitman's, and most of the English schools—whilst on the Continent the methods usually aim at following the ordinary flowing lines of handwriting, in order to give greater facilities for acquiring high rates of speed. Of these is Script in England, and the systems of Gabelsberger and Stolze in Germany.

Systems differ in omitting or retaining vowels; and a fair test of the advantages of a system may be gained by inquiring which of them is found in open competition, the most rapid to read as well as to write, and that system which enables this desirable speed to be attained, whatever be its basis, will be the best to learn, because of the obvious assurance of usefulness, conveyed to the student in the practical results of work done by skilled writers thereof. On one point all systems agree, the spelling is according to sound, and not letter for letter according to the dictionary; is phonetic in fact, not grammatical.

The general and almost compulsory use of shorthand is of such recent date, that one is apt to think of it as having been an entirely modern outcome of the necessities of our age of steam, but this is far from being the case.

The Egyptian hieroglyphics (literally priestly writings) which sketched parts of things instead of the whole on their papyrus scrolls, and on their imperishable monuments, were, perhaps, the first attempt at shorthand.

Even if we cannot take Cleopatra's needle, on the Embankment, as an instance of an exemplar of shorthand on a large scale, we must go back to very early days to find the first authentic accounts of the art.

It is said, on good authority, to have been invented by a servant of Cicero's, the great Roman orator, about 2,000 years ago, so that it can boast a very respectable antiquity; and it is known to have been freely employed for many generations, much in the same form as that put forward by this freedman Seneca, the tutor of the Emperor Nero, and brother of that Gallio, of whom we read in the Acts of the Apostles as sitting in judgment on St. Paul, was acquainted with it, though as he had a memory of positively astounding power, he can hardly have required the assistance of its brevity, especially as this kind of shorthand was not very swift.

It would appear that it was not particularly easy to decipher, for the Emperor Julian (known as the Apostate, because he became a heathen after having professed Christianity nearly all his life) forbade the use of shorthand for legal documents in the year 534, "because it was ambiguous in its signs." That is the gravest defect a system of shorthand can have, and it is evident the freedman would have had something to learn to keep pace with the requirements of to-day.

Possibly a certain want of confidence in its legibility was the reason why, until quite lately, all judges' notes and all authorised notes of legal proceedings had to be made in ordinary longhand, a custom good for the stationer, if for no one else.

However, this distrust of shorthand was not without exception, for in the British Museum is an old French legal document, re-

lating to some lands, signed by the Emperor Louis, "4th May, A.D. 840," more than a thousand years ago.

The old signs were very clumsy, and to a modern phonographer would seem far from speedy.

The earliest English alphabets date from about 1180, in the reign of the learned King Henry II., and though they were less elaborate, they were still not very useful. In Germany shorthand notes were constantly taken about the time of Luther, in the sixteenth century, and in England notes of political matters were made by one, Peter Bates, in the reign of Queen Elizabeth. It would be very interesting to see some of his writings, as they relate chiefly to the secret business of his time.

Most of the earlier English methods appear to consist of adaptations of cipher writing, and were chiefly composed of abbreviations of ordinary longhand.

Many specimens of this kind of cipher writing are still in existence, of which the most memorable are those written by King Charles the First, who had frequent occasion to make use of this mode of communication.

One would like to know if the Latin Secretary of the Commonwealth, Mr. John Milton, who wore out his eyesight in that employ, used any kind of shorthand. Probably not, or his labours would have been less severe.

In the reign of Charles II. lived a celebrated shorthand writer, John Pepys, secretary to the Admiralty, whose famous "diary" is most entertaining. He had a system of his own, which baffled all efforts at interpreting it until comparatively recent years. Some of his rough notes may be seen in a college library at Cambridge, to which they were presented by one of his nephews.

When he went to Tangiers on a political mission as secretary to Lord Dartmouth, he took all his notes of the journey in this way, and no doubt it is owing to his skill in the art that he was able, busy man that he was, to write that gossiping diary which has preserved for us so many of the little interesting personal details of the people he knew, and the times in which he lived.

But Europe has not a monopoly of the art; it has been adapted to Hindui, which has a very elaborate and beautiful character of its own, quite unlike that of any European language; and not only to Hindui, but to Hebrew, which, as every one knows, is read from the bottom of the page to the top, the opposite way to all European languages. And the Chinese, who seem to have discovered everything discoverable, and invented everything inventable on lines of their own, and then to have made but little use of either the one or the other, actually invented a shorthand forty years before the Christian Era, or more than 1,900 years ago. With a language like theirs, which is composed of many hundreds of words, with a different sign for each, this ought to have been an immense advantage, but from what one reads of Chinese education, it does not appear to occupy the place of importance in which one would have expected to find it.

Even this does not exhaust the possibilities of shorthand, for it has been applied to music, so as to enable a person hearing a melody to note it down correctly as played, for future transcription into ordinary notation.

To return to its modern history, the earliest English system of Script, or flowing shorthand, dates from 1802, and the German systems (on which English flowing shorthand is often based) were produced in 1834 and 1841.

All others are of much more recent date, except Pitman's, which belongs to the earlier part of this busy century.

It is often required in conjunction with type-writing, so that notes taken in shorthand can be read and type-written without any transcription into longhand, an obvious saving of time; but this necessitates very clear writing, and perfect ability to read without hesitation.

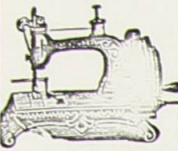
A serviceable speed for ordinary correspondence, commercial, professional, etc., is from 80 to 100 words a minute, to be read at rather less than half that rate, but for reporting it is necessary to be able to write at least 110 to 120, or more words a minute, and to read and transcribe faultlessly at a proportionately greater speed.

In the former case—that of correspondence or business noting—there is time to catch up the speaker, who, more often than not, formulates his ideas whilst he speaks, and thus is not very rapid; but in the latter case speakers have their matter already thought out, and almost drown the reporters in the flood of their eloquence. To learn shorthand, lessons are desirable, but these are not absolutely necessary if the student can get some obliging friend to read to him at a speed suited to his capacities; but some practice in reading, as well as in writing, is necessary every day, both when learning and after, as it is a weapon that rusts very quickly if it be not in constant use.


It is a good plan when possible to correspond in shorthand with someone who has a full knowledge of the art, and will correct the letters he receives; and apart from its commercial and monetary value, it is fascinating to acquire and fascinating to exercise, requiring as it does clear head, active brain, accurate attention, and a skilled hand.

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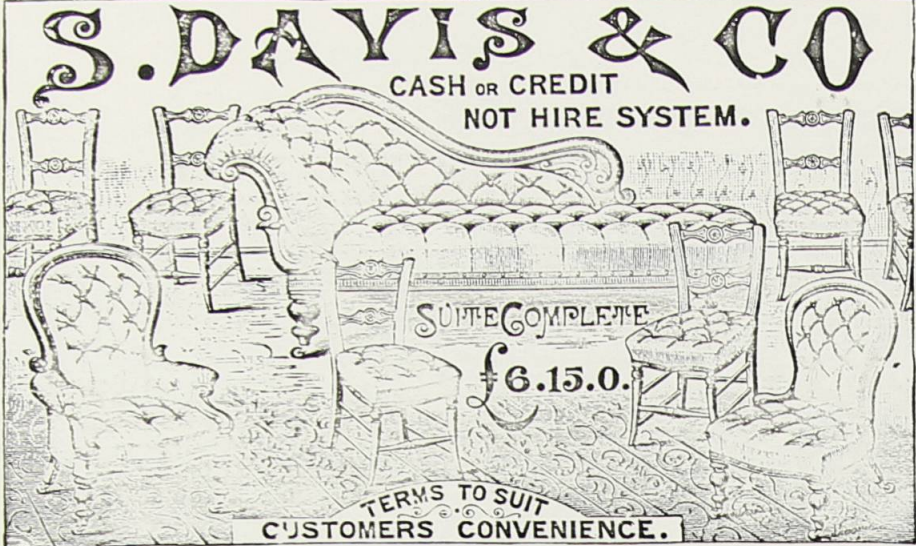
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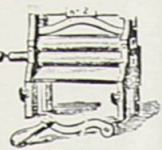
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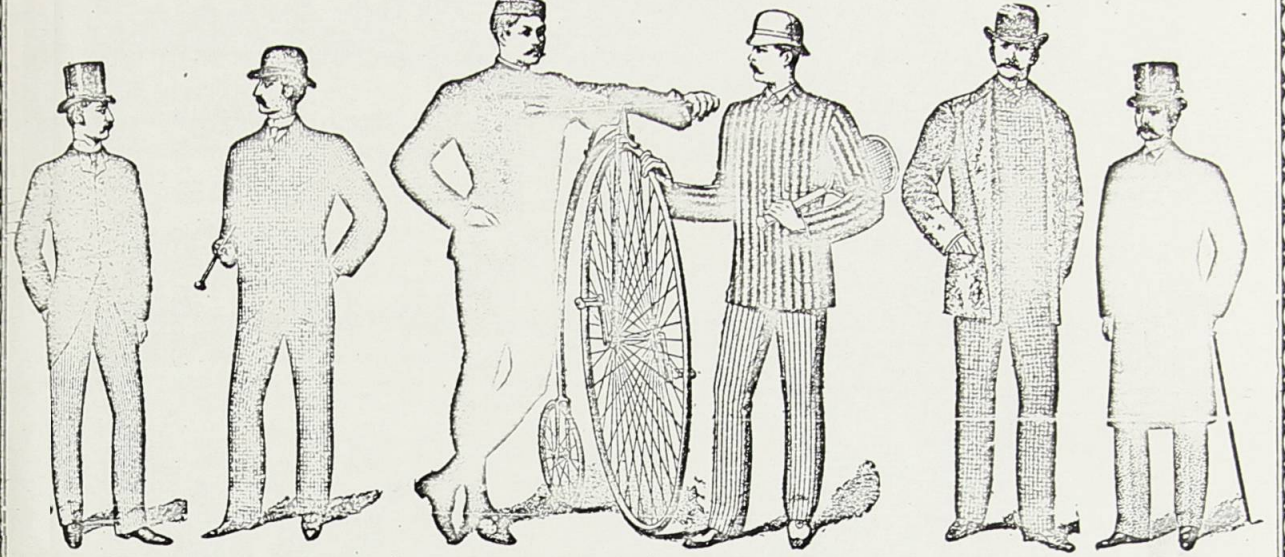
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