

VISIT TO WOZA MOYA – JULY 2023

MBBS MEDICINE STUDENT

**SUPPORTED BY QMUL EXPEDITION
FUND**



01

Introduction



INTRODUCTION

I visited Woza Moya between 24th and 28th July

The visit was arranged by Starfish Greathearts Foundation, a UK charity that raises money to help children impacted by HIV, AIDS and other aspects of illness or poverty in South Africa

Woza Moya is a local partner of Starfish and is based near Ixopo, Kwazulu Natal province in South Africa



WOZA MOYA COMMUNITY DEVELOPMENT PROJECT

24-28 July 2023

Programme for James (Volunteer)

- **Monday 24th July**

Introduction, Orientation and 2 home visits in Ufafa valley

- **Tuesday 25th July**

Wellness day in one of the villages that we serve

- **Wednesday 26th July**

A visit to outlying creches and later join Afterschool Programme

- **Thursday 27th July**

A visit to self help group and gardening projects

- **Friday 28th July**

Staff meeting and Reflections

CONTEXT



BRIEF ORIENTATION



Site overview

BRIEF ORIENTATION



Arts centre

BRIEF ORIENTATION



Library

BRIEF ORIENTATION



Early childhood development/creche



BRIEF ORIENTATION



Computer lab

BRIEF ORIENTATION



Kitchen

02

Activities by day



MONDAY

Orientation and home visits



Two home visits: home with sick older people, home with young disabled people

TUESDAY

Wellness day and visits with paralegal



Paralegal visits to:

- help get an undocumented child documented
- persuade a university applicant to stand up to family pressures and submit application
- obtain special shoe for young boy with a foot problem so he can walk to school



Primary school

WEDNESDAY

Visit to outlying creches and after-school programme



Outlying creches were very basic and with limited toys/books



After-school club

THURSDAY

Self-help group and gardening projects



INTANDO YELUNGU EKONGENI/ will of the deceased

Mina _____ ID _____

Number _____ ngicela _____

ukwazisa umndeni namalungu asekongeni ukuthi imali eyofika namalungu asekongeni ngingasekho leyomali ngiyacela ukuthi inikwe u _____

noma u _____

Ukusayina kwelungu _____

Ufakazi 1 _____

Ufakazi 2 _____

Self-help group



Gardening



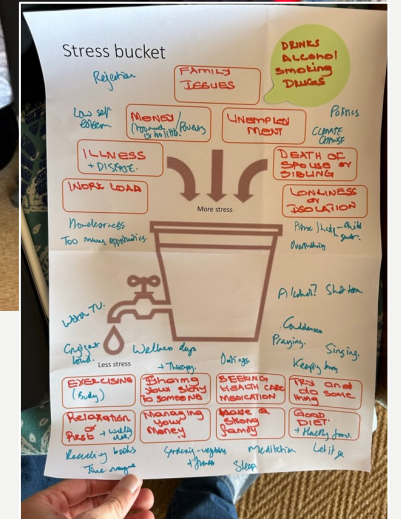
Glucose monitoring kits



Good-guys club

FRIDAY

Staff meeting, stress management, reflections



03

Use of QMUL
expedition fund
contribution



USE OF QMUL EXPEDITION FUND CONTRIBUTION

The QMUL expedition fund helped me to donate some basic items to help the local community.

These included:

- blankets and pillows for an elderly woman who had suffered a stroke and was bed-bound
- glucose monitoring kits for the WM care givers to monitor diabetic symptoms in members of the community
- basic first aid equipment, including bandages, plasters and other dressings

The WM team were very appreciative for these donations and thanked QMUL via a social media post



THANK YOU

